

Tae Geuk Som-jang

philosophy: fire and sun

16 front kick double punch LFS	15 low block RWS	13 low block LWS	14 front kick double punch RFS
	12 reverse inside block RWS	17 low block reverse punch LWS	
	11 reverse inside block LWS	18 low block reverse punch RWS	
8 reverse punch shift into LFS	7 outside sonal block LBS	9 outside sonal block RBS	10 reverse punch shift into RFS
	6 reverse inside knife hand strike RWS	19 front kick low block, reverse punch LWS	
	5 reverse inside knife hand strike LWS	20 front kick, low block reverse punch RWS Kiap!	
2 front kick double punch RFS	1 low block LWS	3 low block RWS	4 front kick double punch LFS

Long stances are on the punches to the sides. This form introduces the back stance and open hand techniques.