

Tae Geuk Sa-jang

philosophy: thunder

12	11	9	10
left front kick	outside hammer	outside hammer	right front kick
rev inside block	block	block	rev inside block
RBS	RBS	LBS	LBS
		8	13
		right side kick	high sonal block,
		double knife hand block	reverse sonal strike
		RBS	LFS
		7	14
		left side kick	front kick
			back fist
			RFS
		16	15
		inside block	inside block
		reverse punch	reverse punch
		RWS	LWS
		6	17
		front kick	inside block
		reverse punch	double punch
		RFS	LFS
		5	18
		high sonal block	inside block
		reverse sonal strike	double punch
		LFS	RFS Kiap!
2	1	3	4
check spear	double knife hand	double knife hand	check spear
hand strike	block	block	hand strike
RFS	LBS	RBS	LFS

This form introduces multiple hand techniques. The walking stances are on the inside block/ reverse punch to the side in the third set.