



Milan Tae Kwon Do Newsletter



MASTER R. CHRISTIAN DYKES

VOLUME 2 ISSUE 3



March

FEBRUARY SUPERSTAR

Owen Morrow

IMPORTANT DATES

- Private Lessons **MAR 24**
- Geup Testing **MAR 30**
- Black Belt Pretest (Milan) **MAR 31**
- Black Belt Public Test (Midwest) **APR 14**

UPCOMING TOURNAMENTS

- Michigan State Qualifier **MAR 17 & 18**
- USA TKD Championships **APR 28**
- USAT Jr & Sr National Championship **JUNE 29—JULY 4**

7 E. MAIN STREET, MILAN, MI 48160 (734) 439-KICK (5425)

ANN ARBOR TOURNAMENT

Congratulations to the students that placed in the A2 Tournament on February 18th!

| STUDENT | POOMSE | SPARRING |
|-------------------|--------|----------|
| Cameron Satterley | 1st | 2nd |
| Chase Piach | - | 3rd |
| Kyra Dykes | 3rd | - |
| Luis Delafuente | - | 2nd |

Great job to all the students below who participated and performed at their best but didn't place!

Josh & Caleb Overbeek, Pete Delefuente, and Ethan Feldkamp

The Ann Arbor Tournament was a very difficult day for our competitors and coaches. The competition venue was on a lower level than we are used to, and the overall management left a great deal to be desired. I apologize to everyone that attended, and I would like to say thank you for maintaining your dignity and respect. My worst fear is that our competitors will be discouraged from attending tournaments in the future. FEAR NOT! All of the tournaments that we will attend in the future will be well established and professionally conducted. Hats off to each competitor. Everyone fought hard regardless of what the results were.

BLACK BELT CANDIDATES

- Please take a minute, if you haven't already to congratulate with us the below 1st geups that are nominated to take the black belt pretest:
Amanda Carson
David Clark
Daniela Page-Sander
- Next scheduled black belt lesson will be Sunday March 4th with Mr Gaines (Marshall) and Mr Gaines (Sam) 11th. There will be another lesson on March 11th at 1pm with Master Dykes.

A PRIDE DAY THANKS!

Thank you to everyone that participated on pride day or that donated supplies. We hope you enjoy the improvements that we have made, and are continuing to make. A special thank you to Mr. Pete Delafuente Senior for helping on several occasions with the painting. Furthermore, it is impossible to express the amount of gratitude that we have for Mr. David Clark and his family. Mr. Clark has sacrificed a great deal of time away from his family, (not to mention all of the hard work he has donated), in order to make Milan Tae Kwon Do a better place for all of us. Without Mr. Clark it would have taken us months to accomplish what has been done in a manner of weeks. Thank you so much!

AROUND THE STUDIO

- Parents and students, as you sit and wait for your class to begin or your student to finish their class, please take a minute to look around at some of the changes we are making. We have been working on all parts of the studio big and small, from cleaning up the numerous grease boards to replastering and painting the bathroom. We appreciate your patience with all the changes that the studio is going through and value any input and ideas that you may have to offer.
- While on the subject of improvements, I hope the students understand how much effort, time, and money that has gone into improving our dojang. Please take pride in your studio and refrain from touching the walls, clean up after yourselves, and if you see something on the floor, pick it up. We are trying to give the studio a fresh new look but we need your help to keep it looking nice.

IMPORTANT REMINDER!

- 4:45 beginner class and 5:30 beginner class will be combined starting March 1st. New time will be 5:15-6:15.

JANUARY PROMOTIONS

| | |
|-----------------|------------|
| Pete Delafuente | 4th |
| Luis Delafuente | 4th |
| Emma Overbeek | 5th |
| Wyatt Thiry | 5th |
| Nicholas Devore | 7th |
| Kyra Dykes | 7th |
| Ashley Dykes | 8th |
| Kirsten Kulik | 8th |
| Connie Clark | 8th |
| Daniel Beck | 8th |
| Owen Morrow | 9th |

"We must strive to achieve human perfection. I define human perfection as a person who never knowingly makes a mistake. If we all live with one simple habit – never do the things we know we shouldn't; and always do the things we know we should – we all will be humanly perfect."
Grandmaster Jhoon Rhee

MARCH

BIRTHDAYS & ANNIVERSARIES

| | |
|---------------|--------|
| Sarah Dunlap | Mar 3 |
| Amanda Carson | Mar 12 |
| Angel Beck | Mar 12 |
| Emily Linzell | Mar 16 |
| Jacob Dunlap | Mar 30 |

Milan Tae Kwon Do

COMPETITION

- Congratulations to Mr. Gaines for representing Milan TKD at the US Open in Las Vegas. Mr. Gaines fought valiantly and finished the match with a tie score. In those case they go into overtime or "Sudden Death", where the first person to score a point wins. Unfortunately Mr. Gaines' opponent scored and won the fight. It is important to note the competitor that beat Mr. Gaines went on to win the gold medal.
- If you or your child is interested in joining the competition team (now or in the future), speak to: Mr. Gaines
- Team workouts are Tuesday's & Thursday's 8:15-9:15PM for select students. See Mr. Gaines for info.

TESTING

- Testing is conducted the last Friday of every month unless otherwise stated.
- Testing begins at 5:30pm but students should arrive no later than **5 pm** to stretch and warm up.
- A reminder to all students and parents that the testing criteria is available under the 'STUDENT' tab and it is expected that they will download it from the site and study it.
- Families and friends are encouraged to come and show their support, but please remind them of proper dojang etiquette.

STUDENTS

- Please be sure to put your shoes up on the provided shelf when you take them off. The excess of shoes laying on the floor becomes dangerous to other people walking by, and with winter here it will help to keep the walkway free of boots.
- Boys are authorized to wear white t-shirts only under their dobok tops during the cold months, underarmour shirts are acceptable.
- Girls are required to wear the color shirt of their belt, underarmour shirts are acceptable.
- We would appreciate both students waiting for their class, and spectators keeping the noise level down. It is distracting to the students currently in class, and it makes it difficult to hear the instructors.

PRIVATE LESSONS

- The private lessons that have been conducted to date have been highly successful, as I believe the students that have participated will agree. As a result, I have noticed a positive enhancement in the performance of each of these students during regular class. I am excited that so many students are interested in advancing their technical martial arts skills. You may not be aware, but the better the individual at Milan TKD becomes, the better our school becomes overall. Thank you to those students that have taken advantage of this opportunity.
- If you are interested in taking a private lesson please sign up on the roster located at the front desk.
- Private lessons are \$20 for 30 mins. Students are welcome and encouraged to do multiple sessions but Master Dykes cautions parents to take in to account small children's attention span.
- Be sure to arrive early to your private lesson so that you can have time to change in to your uniform and warm up so that your time with Master Dykes can be focused on techniques and not warming up.

