



MILAN TAE KWON DO NEWSLETTER



MASTER R. CHRISTIAN DYKES

VOLUME 3 ISSUE 1

7 E. MAIN STREET, MILAN, MI 48160 (734) 439-KICK



SEPTEMBER

AUGUST SUPERSTAR

Justin Campbell

IMPORTANT DATES

Dojang Closed	1
BB Candidate Workout	6
BB Review Board	13
Geup Testing	26
Livingston Open Tourn	27

UPCOMING TOURNAMENTS

Livingston Open Howell, MI	Sept 27
Shinn Tournament Okemos, MI	Oct 18
Midwest Open Novi, MI	Nov 22

LAST MONTH!

A huge thank you to all the students and families that helped raise money for Team Milan TKD for Relay For Life. With your support we were able to raise \$6,216.20! We also donated 30 cans of vegetables to Aid in Milan. We extend a special thanks to our team captain & cancer survivor Mr. Chris Overbeek, and we congratulate him for (once again) walking the entire 24 hours!

In addition, thanks to all of the students & black belts that came out and participated in the Milan TKD demonstration. The turnout was small this year, however the demo was a success. Be sure to enter the event into your portfolios.

We encourage anyone with TKD pictures to share them with us, so that we can post them on the Milan TKD FB page.

THIS MONTH!

DOJANG IS CLOSED!!

The studio will be closed Sept 1st for Labor Day weekend. Have a safe and happy holiday. We will see you on the mats Tuesday, Sept. 2nd.

BLACK BELT CANDIDATES!!!!!!

The fall black belt review board is less than two weeks away, and will be taking place in Plymouth on Sept. 13th. This event is closed to the public in order to maximize the focus of the candidates. However, on Oct 11th all the candidates that get approved at the review board will participate in a public test, also in Plymouth. We encourage all Milan TKD families to attend the public test to support our black belt candidates in the final step towards achieving their goal. Please take a moment to congratulate the following potential candidates for the Fall Black Belt Test 2014:

Ashley Dykes (1st Dan)
 Luis DeLaFuente (1st Poom)
 Cameron Satterley (1st Poom)
 Emma Overbeek (1st Poom)
 Wyatt Thiry (1st Poom)

NEXT MONTH!

BLACK BELT TEST

The black belt test will take place in Plymouth at our sister school, Midwest TKD on Oct. 11th from 6-8PM. Maximum attendance at the test is strongly encouraged. Not only will students get the chance to see what black belt testing is all about, they will be able to support the students from Milan TKD that are testing. Attendees will have the opportunity to see black belts from Milan and Midwest in action as they challenge the candidates, and bring out their best. Lastly, they will see awesome board breaks and cement breaking. If you plan on attending, please bring a dish to pass for the pot luck afterwards. Semi-formal attire is recommended for all guests. Candidates are required to wear formal clothes (i.e. a tie).

HALLOWEEN

Halloween is almost here which means its time for our annual Halloween Party! The party is tentatively scheduled for the afternoon of October 25th. Last year's laser tag was loads of fun, and will be hard to top. Nevertheless, we are currently looking for a fun venue for this year's party. If you have any ideas or suggestions please don't hesitate to mention it to Mrs. Dykes. Regardless of where the party will take place, there will be the costume contest, best carved pumpkin contest, and pin the black belt on the mummy, so start getting your ideas together now!

Christian Gonzalez **1st**

Paige Gingras **6th**

Ryann Livermore **7th**

AROUND THE DOJANG!

COMPETITION TEAM

- If you or your child is interested in joining the competition team (now or in the future), speak to: Mr. M. Gaines or Master Dykes.
- Team workout schedule TBD

Team Captains:
Marshall & Sam Gaines

Members:

ACADEMIC ACHIEVEMENTS

We strive to reward our students for their stellar performances both in, and out of the dojang. Therefore, at the end of each semester we encourage students with outstanding grades to bring in their report cards in order to receive a Milan TKD academic award. This award can be added to your portfolio in order to display your hard work and perseverance.

PRE WOLFPACK TRYOUTS!

Interested in trying out for Pre-WolfPack Sparring or Poomsae teams? Contact Master Dykes and let him know! These teams are through our sister school in Plymouth and tryouts are by invitation only. If interested Master Dykes will review your attendance and performance in class, and let you know if you meet the requirements.

TESTING

- Testing is conducted the last Friday of the month at 5:45PM unless otherwise stated. Students should arrive by 5:15 PM in order to stretch and warm up.
- A reminder to all students, and parents that the testing criteria is available under the 'STUDENT' tab on www.milantkd.com. Students are expected to download the information from the site and study it vigorously.
- If you are testing for 6th Geup, 2nd Geup or any level of Black Belt you are required to write an essay that is due at the time of testing. Refer to the testing requirements for appropriate essay topics.
- Families and friends are strongly encouraged to attend each geup test. However, if you decide to attend please educate yourself (or your family/friends) on proper dojang etiquette.

STUDENTS

- Please be sure to put your shoes on the provided shelf when you take them off. Also, if you have a gear bag please make sure you place it in the changing rooms downstairs. Shoes and bags cluttering the floor are a dangerous tripping hazard.
- Girls are required to wear a shirt under their dobok top that matches the dominate color on their belt, underarmour shirts are acceptable.
- Males may only wear white undershirts.
- Black belts can wear white or black shirts only.
- Spectators and students waiting for their class to begin must keep the noise level down. It is distracting to the students on the dojang floor, and it makes it difficult to hear the instructors.
- Parents must ensure that their non-participating children are *always* under supervision. We have had multiple issues with children being destructive or participating in behavior that is unacceptable under Milan TKD's code of conduct.
- Lastly, if you choose to wear a uniform, Milan TKD t-shirt, or any other item linking you with our studio while outside of our walls you need to conduct yourself in accordance with the five tenets of TKD, i.e. Courtesy, Integrity, Indomitable Spirit, Self-Control & Perseverance. When you wear our logo or any item that links you to our school you are (advertently or inadvertently) representing our school. Do not tarnish the outstanding reputation of Milan TKD, or you will be subject to termination from our program. Cheers!

WINNING MEANS YOU'RE WILLING TO GO LONGER, WORK HARDER, AND GIVE MORE THAN ANYONE ELSE.

VINCE LOMBARDI

SEPT BIRTHDAYS

Andrew Shanafelt **6th**

Cloe Fetterolf **17th**