



# Milan Tae Kwon Do Newsletter



MASTER R. CHRISTIAN DYKES

VOLUME 2 ISSUE 1

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January (with some Dec)

### NOVEMBER SUPERSTAR

Emma Overbeek

### DECEMBER SUPERSTAR

David Clark

### IMPORTANT DATES

Aikki Reyes Seminar	<b>JAN 13-15</b>
Lost & Found Clean out	<b>JAN 19</b>
Private Lessons	<b>JAN 22</b>
January Testing	<b>JAN 27th</b>
Dojung Pride Day	<b>FEB 12</b>

### UPCOMING TOURNAMENTS

US Open TKD Championship Las Vegas, NV	<b>FEB 21-24</b>
USAT Jr & Sr National Championship Dallas, TX	<b>JUNE 29-JULY 4</b>

### END OF YEAR AWARDS

- |  |                   |
|--|-------------------|
| • Black Belt of the Year:                      | Marshall Gaines   |
| • Senior Black Belt Athlete of the Year:       | Marshall Gaines   |
| • Junior Black Belt Athlete of the Year:       | Samuel Gaines     |
| • Most Energetic Student of the Year:          | Cameron Satterley |
| • Outstanding Attendance:                      | Nathen McGovern   |
| • Most Disciplined Junior Student of the Year: | Emma Overbeek     |
| • Most Disciplined Senior Student of the Year: | Paul Miller       |
| • Most Knowledgeable Student of the Year:      | Joshua Overbeek   |
| • Most Inspirational Student of the Year:      | Sarah Dunlap      |
| • Most Helpful Junior Student of the Year:     | Jacob Dunlap      |

### AROUND THE STUDIO

- The 'Check In' computer is up and running and now located next to the front desk. Students are responsible for scanning their ID cards before each class and special event that they attend. Class and special event attendance is important for credit towards testing for your next belt and your portfolio. So don't forget to check in!
- If you have any kids books or DVDs we would love to give them a home back in our kids area.
- We are still requesting that 1st geup and black belts provide an 8 x 10 photo of themselves in uniform doing TKD. These photos will be going up on our walls to show our pride in our students and to inspire the lower belts. Please provide these photos by Jan 26th, 2012.
- Don't forget about the sparring class on Mondays at 6:30 pm. This class is open to all yellow belts and above and is led by Mr. Gaines.
- Lost & Found will be cleaned out Jan 19th. Students have until then to claim their items, after that unidentified sparring gear will be added to the Milan TKD supply—everything else will be donated or discarded.

### WEBSITE & FACEBOOK

- Don't forget to 'Like' our Facebook page. We are currently using the page to give updates and reminders. If there is a question about whether the studio will be closed please reference the Facebook page.
- Students and parents are encouraged to go to the "Student" tab of the website (www.milantkd.com) and read the 'Rules & Etiquette' of the dojang.
- If you have any pictures that you would like to see posted on the Facebook page or website please submit them (in digital form) to Mr. Dykes.
- Alternatively, if you do not want pictures of you/your child to appear on our website or our Facebook page please let Mr. Dykes know.

### DOJANG PRIDE DAY

- We are having a 'Dojang Pride Day' on February 12th and encouraging ALL students and families to come and participate. Our goal is to paint the studio. We need paint rollers, paint brushes, paint holders, ladders, tarps, and any other painting supplies.
- If you have special expertise in painting or wall patching please let us know.
- Please let us know if you know of a cheap way to get paint and painting supplies

### PRIVATE LESSONS

- Master Dykes is available all day Sunday Feb. 19th for private lessons.
- Lessons are \$20 for each 30 min session purchased. Students are encouraged to purchase multiple session but Master Dykes would like to note that small children may have difficulty paying attention longer than 30 mins.
- Please sign up at the front desk or contact Mrs Dykes to schedule your private lesson today!

Anjanay Beck	<b>2nd</b>
Ashley Laplant	<b>3rd</b>
Ethan Feldkamp	<b>3rd</b>
Nathen McGovern	<b>4th</b>
Emily Linzell	<b>5th</b>
Emma Overbeek	<b>6th</b>
Skyla VanSickle	<b>6th</b>
Noah Marshall	<b>7th</b>
Rebecca Hullstrung	<b>7th</b>
Dylan Beck	<b>8th</b>
David Beck	<b>8th</b>
Nicholas Devore	<b>8th</b>
Kyra Dykes	<b>8th</b>
Paige Warington	<b>9th</b>
Daniel Beck	<b>9th</b>
Jacob Kulik	<b>8th</b>
Chase Kulik	<b>8th</b>

**“A fight is not won by one punch or kick. Either learn to endure or hire a bodyguard.” – Bruce Lee**

**DECEMBER BIRTHDAYS & ANNIVERSARIES**

NICHOLAS DEVORE	8
NOAH DOUGLAS	16
DASHIA BECK	31

**JANUARY BIRTHDAYS & ANNIVERSARIES**

NATHAN MCGOVERN	1
JOSEPH RITENOUR	28
DAVID BECK III	30

<b>MICHIGAN—MIDWEST CHAMPIONSHIP</b>		
	<b>POOMSE</b>	<b>SPARRING</b>
• Marissa Bartley	Silver	_____
• Amanda Carson	_____	Silver
• David Clark	Gold	Gold
• Luis Delafuente	_____	Bronze
• Pete Delafuente	_____	Bronze
• Jacob Dunlap	Bronze	_____
• Sarah Dunlap	_____	_____
• Marshall Gaines	_____	Gold
• Sam Gaines	_____	_____
• Caleb Overbeek	_____	Silver
• Josh Overbeek	Gold	Bronze

**COMPETITION**

- CONGRATS TO ALL THE MICHIGAN—MIDWEST CHAMPIONSHIP COMPETITORS!! And thank you to all the volunteers and students that came out to support our school and students!
- If you or your child is interested in joining the competition team (now or in the future), speak to: Mr. Gaines
- The sparring class will be conducted on Monday's at 6:30PM and is open to yellow belts and above (all ages welcome).
- Team workouts are Tuesday's & Thursday's 8:15-9:15PM for select students. See Mr. Gaines for info.

**TUITION INCENTIVES**

- Pay for 12 months in advance. Advantages – One month is free – Tuition amount will not increase. Limitations: The 12 months must be consecutive – No refunds
- Refer a friend – \$20 off your next month's tuition if you refer a friend and they sign up for the first month.

**PRO SHOP**

- CLEARANCE SALE!!!! Everything must go! We will be selling all the gear on-hand at a discount price in order to reduce inventory by the end of the year. Keep an eye out for announcements.
- Don't forget to order your student his/her Christmas presents from the pro shop. Please have orders in by December 1st to ensure you get them in time for Christmas. All orders must be paid in full before they will be ordered.

**TESTING**

- Testing is conducted the last Friday of every month unless otherwise stated.
- Testing begins at 5:30pm but students should arrive by **5 pm** to stretch and warm up.
- A reminder to all students and parents that the Testing criteria is available under the 'STUDENT' tab and it is expected that they will download it from the site and study it.

**STUDENTS**

- Please be sure to put your shoes up on the provided shelf when you take them off. The excess of shoes laying on the floor becomes dangerous to other people walking by and with winter fast approaching it will help to keep the walkway free of boots.
  - Boys are authorized to wear white t-shirts only under their dolbok tops during the cold months, underarmour shirts are acceptable.
  - Girls are still authorized to wear the color shirt of their belt, underarmour shirts are acceptable.
  - We would appreciate both students waiting for their class and spectators keeping the noise level down. It is distracting to the students currently in class and difficult to hear the instructors.
- AIKKI REYES SEMINAR**
- Poomse seminar held at Midwest TKD Jan 13-15
  - Open to all Blue Belt and above and 10 years old and older (Loser belts and younger students please see Master Dykes.)
  - See bulletin board or website for further information